



Chippewa County Department of Public Health

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Dockets Management Branch
(HFA-305)
Room 1061
Food and Drug Administration
5630 Fishers Lane
Rockville, Md. 20852

Docket No. 99P-2630

To whom it May Concern:

I write in strong support of the citizen petition filed last year by the Center for Science in the Public Interest requesting that the Food and Drug Administration (FDA) establish a Daily Reference Value of 40 grams for added sugar and require the declaration of added sugars in both grams per serving and a corresponding percent Daily Value.

[insert a sentence or two describing your expertise]

While naturally occurring sugars in fruit and dairy products may be chemically equivalent to added sugars, low-fat varieties of these foods help prevent cancer, heart disease, stroke, osteoporosis, and other diseases. In contrast, soft drinks, baked goods, candy, and other sources of added sugars may contribute to obesity and other chronic diseases, either by adding extra calories to the diet or by displacing more nutritious foods from the diet.

While the body cannot distinguish between added and naturally occurring sugars, there is a world of difference between the *foods* that are rich in one or the other. Sugars that occur naturally in fruits, vegetables, and dairy products are usually associated with a variety of nutrients. In contrast, foods high in added sugars are typically high in calories and low in nutrients.

Accordingly, I urge you to amend FDA's food labeling regulations to provide consumers with the information they need to improve their diets.

Sincerely,

99P-2630

Judy Fedie, RDCO
Chippewa Falls, WI C124

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